

In 1989 the Levin Baptist Church established the Adult Day Club to provide respite for full-time caregivers by giving relief from caring for loved ones, and also a place to come for those in need of companionship and stimulation because of isolation, disability or loneliness.

Adult Day Club provides a friendly, stimulating and safe social environment offering a variety of activities for their visitors who come from Otaki to

Foxton. Activities include indoor bowls, table games and entertainers. Morning and afternoon tea, plus a



two-course lunch, is provided. Taxi pick-up can be arranged if needed.

nunity Caring for

Carers



If you would like to know more either as a volunteer or know of someone who may benefit from joining the Club please contact us.

Email: adclevinbaptist@gmail.com Phone: Mon & Wed 9am-3pm 368 3032 Or phone our co-ordinator Bev: on 027 200 0529

BE PREPARED! Do's and Don'ts in a power cut



Phone, website or mobile app 0800 567 876 0800 LOSTPOWER www.electra.co.nz

Don't go near broken power lines!



Keep a torch and spare batteries handy at all times.



Don't use candles as these can cause fires.

Disconnect sensitive appliances like computers and TVs to avoid damage from a power surge.



Use your gas bbq or camp stove to cook food.

f@ElectraNZ

For further info: www.electra.co.nz

www.electratrust.co.nz