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# Our Community

In the past year Age Concern Horowhenua has had 100 cases of elder abuse or neglect referred to them.

Age Concern Horowhenua (ACH) is a branch of the national charitable organisation Age Concern promoting wellbeing, rights and respect for seniors (people over 65 years old).

Their work includes creating awareness and understanding of elder abuse including neglect, social isolation, physical and emotional abuse, and loneliness throughout Horowhenua.

Seniors can access FREE and CONFIDENTIAL services provided by ACH:

These include :

- Elder Abuse Service: Intervention where a senior's safety or wellbeing is at risk. Professional staff develop a structure that enables assessment, support and monitoring with a goal to prevent harm and re-victimisation.
- Accredited Visiting Service: Volunteers visit seniors who may be lonely, socially isolated, or just to share an hour or so each week for a chat.
- Social Connection Service: Community projects offering senior involvement ie: "Steady as you Go©" - a unique community based falls prevention programme currently in Foxton and Levin, "Nat & Chat" - Seniors share morning tea on the last Thursday of the month, often with guest speakers. Everyone is welcome.

## Age Concern Horowhenua

"Stay Safe" workshops: Workshops for senior road users refreshing driving skills and road code knowledge. Information Resources - Providing written material e.g. pamphlets and resources, some in collaboration with Horowhenua District Council.

- "60 Activities for the over 60's" booklet.
- Education: Public seminars on positive ageing, how to avoid scams and other financial abuse etc
- Representation and advice: On behalf of senior's issues to local influential groups e.g. District Council.



Above: These lovely ladies take the SAYGO (Steady As You Go) classes.

Left: Jack with his Drive Safe Course Graduation certificate.



Please feel free to pop in for a chat Monday to Friday 9am - 3pm.

Horowhenua Age Concern  
538 Queen Street East, Levin 5510.  
Telephone: 06 367 2181

Email: [admin@ageconcernhoro.co.nz](mailto:admin@ageconcernhoro.co.nz) or via our website [www.ageconcern.org.nz](http://www.ageconcern.org.nz)

## 2020 Electra Sales Discount

All consumers connected to the Electra Network as at 31 January 2020 will be eligible for the Sales Discount. Electra will be processing the annual Sales Discount for 2020 in February 2020

and the Discount will be distributed via your Electricity Retailer. Keep an eye out – you should see this credit on your March 2020 electricity bill.

If you have any questions or for more information go to the FAQs on our website: [www.electra.co.nz](http://www.electra.co.nz)  
email: [discounts@electra.co.nz](mailto:discounts@electra.co.nz) or  
call: 0800 353 2872



**Electra**

owns and operates the electricity network throughout Kapiti and Horowhenua. Our owner is the Electra Trust. Electra's Trust ownership ensures that we deliver an annual electricity sales discount to all consumers connected to our network.