

Proudly sponsored by

**Electra**

Our Community

Horowhenua Supergrans Inc, established in 1999 to assist Horowhenua Kapiti people strengthen their life skills, has rebranded and is now Skills4Living, Whānau Tautoko.

The organisation, initially set up with one part-time coordinator now has six part-time employees, two full-time employees, 11 volunteer mentors plus a six-member board.

Skills4Living works with various agencies in the region on projects and events. This includes Children's day, the Christmas present project, wahakura project with Raukawa Whānau Ora and Mokopuna Ora. Last year over 180 people signed up with Skills4Living for services or to learn life skills including cooking, budgeting, writing a CV, household routines, gardening, knitting and mending, and Ministry of Justice Supervised Contact meetings.

Life skills volunteers are always in demand. If you have a life skill you would like to share, please contact Skills4Living.

Monetary donations are always gratefully received, as are donations of children's clothing and non-perishable food items for the clothing tables and sharing shelves.



Skills4Living host an "Incredible Years" positive parenting programme twice a year, for the parents of 3-7 year olds. Horowhenua Community law offers free legal information Tuesday to Thursday. Barnardos Bumps to Babies clinic are held on Thursday afternoons offering maternity support and information.

If you would like information on accessing any of these services or programmes, or to become a volunteer, contact the Skills4Living team.

The Skills4Living team work in the community which sometimes involves leaving the office closed. Feel free to phone 06 367 0680 for an

appointment, or leave a message. We will respond to all messages as soon as we can.

Skills4Living

8.30 till 4pm Monday to Friday

8 Bath Street, Levin 5510

email: coordinator@skills4living.co.nz

SUPER SKILLS4LIVING

Skills4Living
Whānau Tautoko



Keeping safe around electricity

Electricity is a wonderful thing and something we tend to take for granted. Flick a switch and we have power to the things we need and use every day.

But electricity can be dangerous and electricity distribution companies such as Electra are committed to keeping our customers safe from this potential danger. We do this by keeping our live lines high above or deep under the ground. The voltages in these assets range from 400 Volts through

to 33,000 Volts, all deadly if you come into contact with it.

But what happens when someone or something happens to those installations, and what should you do if you come across a power pole that has been damaged or power lines are on the ground.

- You must always assume the lines are live!
- If you're in the vehicle, stay where you are! Call the emergency services.
- If you come across a vehicle that has hit a pole, STOP. Do not approach. Call the emergency services.
- If someone has been shocked by electricity they may still be



in contact with the live electricity. Do not touch them. Call the emergency services.

If lines are brought down by wind, trees or storm activity, always assume they are live. Stay clear of them, and call Electra on 0800 567 876.

Electra owns and operates the electricity network throughout Kapiti and Horowhenua.

Our owner is the Electra Trust. Electra's Trust ownership ensures that we deliver an annual electricity sales discount to all consumers connected to our network.