

Part of Our Community



Kapiti Horowhenua Bereaved Parents Support group was formed by two Mums who both lost a child.

"Unless you've been there, you really don't get it," bereaved mother Lisa Gallagher said. "It doesn't matter if you're child is stillborn or died as an adult, whatever the circumstance, the grieving never goes away."

Lisa and Rose Rickett formed the group wanting to turn their negative situations into positives which could help others in the same situation.

"When I lost my son I wanted to talk to someone who understood how I felt but the Privacy Act doesn't allow details to be passed

SUPPORTING ONE ANOTHER

on," Rose said. "I felt really isolated, like I was the only person in the world going through this."

Meeting on the second Monday of each month, except January, parents from throughout Kapiti and Horowhenua come to share a



cuppa and take solace knowing they are not alone.

Sometimes guest speakers visit the group. "We're there through our common grief but it's not a sombre gathering," Lisa said describing it as a 'get together' rather than any formal

type of meeting.

"We have parents ranging from early 20's to late 60's," Lisa said. "Some people might not be ready to come, feel it was too long ago, or not want to disclose their personal circumstance.

There's no pressure, you do only what is comfortable for you. Please feel welcome to come when the time is right for you."

The Kapiti Horowhenua Bereaved Parents group get together on the second Monday of each month, except January. A pot

luck dinner is planned for February 9, 2015 at 7pm in the Jack Allen Community House, Durham Street, Levin.

For information, phone Lisa 027 234-6456 or Rose 021 187-8065



BOATING SAFETY

Sailing or moving boats near powerlines can be dangerous as many yachts exceed the standard safe clearance height of 4 metres. The main risk when boating near powerlines is the mast contacting overhead wires, potentially causing injury or death for the crew or others near the boat.

Launching or retrieving boats from the water using a trailer is also hazardous as many people forget to check for overhead powerlines near water. There are often powerlines in car parks or near boat-ramps at marinas, and these should be observed by sailors before entering or leaving the water. Motorboats with large aerials or radar equipment should also avoid travelling near powerlines.

Wishing you a safe and happy Christmas



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