

Part of Our Community

**WHAT
IS HAPPENING TO OUR
YOUNG PEOPLE?**

THEY DISRESPECT THEIR ELDERLY.
THEY DISOBEY
THEIR PARENTS.
THEY IGNORE THE LAW.

THEIR MORALS ARE DECAYING.
**WHAT IS TO
BECOME OF THEM?**

PLATO, 5TH CENTURY BC

Let's face it, being young is one of the toughest jobs going. It's the time when we test boundaries, make mistakes and develop our social and cultural identity. It can be tough because for the most part it's a journey into the unknown. It's a journey full of danger and with few defences. It's also the time we rebel against authority and that often means against parents. And none of this is new - it's been that way for millenia.

There is a large body of research that indicates young people typically do not access mainstream services for health, social, crises support and advice. This research has identified that young people have more barriers to accessing health care and support than older age groups.

KYS is an innovative, FREE, youth 'one stop shop' health and support service based in Paraparaumu, Kapiti Coast. It takes an integrated approach and provides health, counseling, careers, youth development and social support services for young people aged 10 - 24 years. KYS has been in operation for over 15 years and currently has over 4400 young people registered with the service. KYS receive some funding from government departments, however it is a non-government organisation with

KYS
KAPITI YOUTH SUPPORT

Free Services Include: General health concerns, Counselling, Relationship issues, Sexual health, Alcohol and Drug advice' Sports injuries, Cold, aches and pains, Wart clinic, Career advise, Stress/ Anger Management, Schools Out- Queer youth support, Resiliency Workshops, Young Mum's Support Group

Hours:

Monday 8:30am - 5pm
Tuesday 9am - 5pm
Wednesday 1pm - 5:30pm
Thursday 9am - 5:00pm
Friday 9:00am - 2pm

Doctors:

Monday 8:30am - 5:00pm
Tuesday 9am - 4:30
Wednesday 1pm - 5:00pm
Thursday 9am - 5:30pm
Friday 9:15am - 12noon

Nurse School Clinics:

Kapiti College - Monday morning
Paraparaumu College - Monday afternoon

charitable trust status and which relies heavily on grants and donations for its survival.

The holistic "one stop shop" model of care at Kapiti Youth Support (KYS) improves access to a wide range of services in a friendly setting and this allows KYS staff to build strong relationships with young people. This holistic approach is acknowledged to improve a young person's engagement with services and, therefore, their outcomes. The KYS "wrap-around" approach to working with young people as it is recognised to best meet their needs.

The interdisciplinary team consists of Peer Support Workers, Doctors, Nurses, Counsellors, Clinical Psychologist, Drug and Alcohol Specialist, Mentors, Social Workers and Youth Workers.

KYS is an acknowledged leader in the provision of youth services, but they do need the ongoing support of the community to be able to continue their work.

If you are able to assist in any way, please feel free to contact KYS directly. Tel: 04 905 9597
raechel@kys.org.nz



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Promotion
Vista del Sol**

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