

Caring For Our Community

Real Hope For Addicts

Te Nikau Training Centre is a tranquil place of retreat. These beautiful surroundings tucked behind Paraparaumu with dedicated staff, and "life teachings", provide new hope for addicts of all kinds.



Programmes at Te Nikau are spiritually based and teach valuable "life skills". The Centre deals with why people are addicted, including rejection and abandonment issues.



Te Nikau Training Centre was created ten years ago by the Cross Roads Christian Community Trust. They deliver the FreedomLife residential/addictions programme, individual counselling, and weekly sessions for those with problems with addiction or abusive relationships. The Centre's definition of an addiction is the use of a substance or behaviour that someone has lost control over.

A recent graduate from the year's intensive training programme at Te Nikau says there's a lot of help available for people who look for it. "But the addiction wants you to believe there's no way out. People know there's help, but think it's for others, not them." He's now living in a transitional flat on the property.

"You can choose where rock bottom is – you can choose where you get off."



Te Nikau Training Centre is one phone call away. Addicts of any nature are welcome to get in touch. Phone 04 902 5828 or visit www.freedomlife.org.nz for more information.

Electra Sales Discount 2010

- Your annual electricity sales discount from Electra will be credited to your electricity retailer during the last week in February and should show on your next power account.
- You are entitled to the sales discount if you were the account holder connected to the Electra electricity network on 31st January 2010.
- A letter has been sent to you from Electra telling you how much sales discount you can expect.



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