

Part of Our Community



until 3pm. Carers can have time out while the person they care for is in the caring and capable hands of the LAD Centre. Volunteers, and staff, oversee and involve themselves with their 'visitors'. Activities are varied, from reading for the print disabled to setting up bowls, card games, quizzes and board games. The Centre prepares and serves morning and afternoon tea, plus a two-course lunchtime meal. Transport can also be arranged from Levin, Shannon and Foxton. The centre is always eager to recruit

volunteers who can help in any capacity.

Funding for some of those attending the centre is provided by Mid Central Health through Support Links. A small fee is paid by

those who aren't eligible for funding to help cover lunch costs etc.

For information contact:

Adult Day Centre - phone 06 3683032

Or Coordinator Bev Pittuck phone 3688519

or 027 200 0529 - pittuck@xtra.co.nz

Or Chairperson, Neil Walter phone 3689635

or 021 1807097 - nandbwalton@gmail.com



Levin Adult Day Centre (LADC) has been offering much needed respite or 'time out' for full time family caregivers in Horowhenua since 1989. The centre was formed as a community social service by the local Baptist Church but is open to all.

There are around 750,000 carers in New Zealand, that's one in five of the population and it has been estimated family carers save the Government \$9million a year. It can be a thankless job and in some cases social isolation can be part and parcel of being a caregiver. Being able to get out to do everyday things is often not an option without a great deal of pre-arrangement.

Every Monday and Wednesday the LAD Centre operates out of the Baptist Church Hall in Rugby Street, Levin from 9.30a.m

Be Prepared

Knowing what to do, and having what you need available, in a power cut will keep you safe and more comfortable

DO call Electra 0800 567 876 (0800 LOSTPOWER) to report a power cut

DO use your gas BBQ or camp stove for cooking

DO disconnect sensitive appliances at the wall

DO keep torch and batteries handy at all times

DON'T use candles as they may cause fires

DON'T go near broken power lines!



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