

Part of Our Community

Dancing for fun, fitness and friendship is what the **Levin Social Sequence Dance group** is all about. For more than 30 years the group has been meeting almost every Tuesday from 10am until noon. The non-competitive group also holds an annual ball and a midwinter luncheon.

Sequence dances are loosely based on ballroom dancing and include progressive dances with simple steps, which can be picked up very quickly. Someone is always willing to assist

newcomers. Dancing does have many health benefits.

There's no joining fee or pressure to come every week, although most dancers seldom miss a day once they join. Some have been coming ever since the group was formed. Some, who no longer dance, come to enjoy the music.

The \$3 per person door charge each week covers use of the hall and morning



DANCE FOR FUN

tea, a bit of loose change buys a draw in the weekly raffles. The group has donated money to local charities when the account allows it.



FITNESS & FRIENDSHIP

Couples are always welcome to call into the Levin Senior Citizens Hall, corner of Cambridge and Montgomery Streets, Levin any Tuesday between 10am and noon.

Be Prepared

Knowing what to do, and having what you need available, in a power cut will keep you safe and more comfortable

DO call Electra 0800 567 876 (0800 LOSTPOWER) to report a power cut

DO use your gas BBQ or camp stove for cooking

DO disconnect sensitive appliances at the wall
DO keep torch and batteries handy at all times

DON'T use candles as they may cause fires

DON'T go near broken power lines!



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